

#### NATIONAL PRODUCTIVITY COUNCIL

(UNDER DPIIT, MINISTRY OF COMMERCE & INDUSTRY, GOVT. OF INDIA)

Join NPC webinar on 7.05.2021: 11:00 Hrs. to 12:30 Hrs.

# **OFFICE HYGIENE**



## SPEAKER Profile

#### Shri Sachin Goyal

Shri Sachin Goyal is a well known corporate trainer for Posture-Ergonomics and soft skills trainings having experience of around 15 years. He has conducted more than 1500 talks for Indian and International participants on various topics. He is also a blog writer and article writer for various newspapers, web portals and magazines of India. He is visiting faculty in various institutions for counseling and training. He has received many awards in healthcare industry for education and trainings and is also a volunteer for 'Health, Hygeine and Safety' campaign. Shri Sachin Goyal has done advance courses in 'MEDITATION & ART OF LIVING' as a part of his stress management study.

## Moderators: Dr.Rajat Sharma, Director (ES)

### Webinar Title: OFFICE HYGIENE

Webinar Date: 07.05.2021 | Duration: 1.5 Hours (11:00 Hrs. – 12:30 Hrs.) Webinar Participation Fees: Rs. 354 /- only (Inclusive of GST)

**About the Webinar:** As someone said," Hygiene at workplace shows people's way of life". Now, it's time to acknowledge the necessity of hygiene to increase your work efficiency. Every workplace needs to be hygienic not just for the sake of their reputation, but also for the health and safety of their customers, visitors, and employees. The average office worker spends 8 hours a day in their workspace, therefore, it is critical these long lengths are spent in a clean, hygienic and comfortable environment. Office Hygiene is important for Employee Welfare, To create a positive image, To maintain health & safety at workplace, To decrease expenses, etc.

**Webinar Coverage:** A short session on 'Office Hygiene' is designed by NPC to increase the productivity and quality of any project. The basic objective of this program is to enhance skills and knowledge of Hygiene at workplace and its contributory factors.

## Key Take Away from the webinar:

- Overview of Office Hygiene and its importance
- Methods to keep workplace Hygiene
- Measurement of Hygiene
- Maintenance of Hygiene
- Healthy organization at workplace

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